

JANE DOE

Address: Raleigh, NC Email: janeD@gmail.com Phone: (919) 333-4444 LinkedIn: [Jane Doe](#)

EXPERIENCED PHYSICAL THERAPIST ASSISTANT

PROFESSIONAL SUMMARY

Licensed Physical Therapist Assistant with versatile experience in orthopedics, as well as the elderly and disabled care. Possesses vast knowledge of physical therapy protocols, treatment procedures, and long-term home-based recovery for complex therapeutic problems such as musculoskeletal disorders, high-risk rehabilitation processes, and injuries. Displays organizational and interpersonal skills while managing and coaching team members, junior and student therapists, and external service providers to contribute to quality care and the company's growth and productivity. Demonstrates problem-solving and multitasking skills while dealing with challenging situations within a fast-paced environment, working with patients and the elderly with multiple physical impairments. Adept at mandatory policy compliance, administering comprehensive treatment programs and protocols, as well as aligning the organization's procedures with state and federal rules and regulations. With a commitment to lifelong learning, eager to deliver solid knowledge of physical therapy provision and patient-oriented approach and contribute to the patients' wellbeing.

CORE COMPETENCIES

- Physical therapy
- Patient care
- Social care services
- Problem-solving skills
- Leadership skills
- Team management
- Musculoskeletal disorders
- Home safety
- Injury prevention
- HIPAA
- Staff development
- Detail-oriented
- Treatment plan development
- Empathy
- Electrical simulation
- Cryotherapy
- Interpersonal skills
- Organizational skills

EXPERIENCE

Owner

Red Company, Raleigh, NC

01/22 – Present

Cooperates with numerous private and public social care and elderly care organizations and professionals to build an effective and accountable environment for continuous service provision. Responsible for the design and execution of senior home safety and home access challenges tasks. Fosters community involvement and inclusive society to ensure quality care and a safe patient environment. Secures the maximum accessibility and basic life functions facilitation for persons with disabilities and seniors, including wheelchair ramp installs, grab bar installs, bathroom modification for safety, and non-slip floor applications, among others. Provides education sessions for seniors and family members on home safety as well as home plan and structure adjustability. Develops tailored recommendations to access rooms, houses, cars, stores, bus stations, and other public infrastructure. Assists seniors in the process of finding the point of contact for social care services, long-term care, and other guaranteed benefits if applicable, depending on different counties and areas.

- Displays interpersonal skills and the ability to genuinely empathize with patients in everyday interaction with seniors
- Employs in-depth knowledge of social care services and public/private providers, home safety, as well as legal compliance while developing tailored accessibility plans and projects for seniors and the disabled
- Successfully establishes a strong network of services, home safety infrastructure providers, and social care consultants to achieve maximized accessibility level and patient satisfaction

Physical Therapist Assistant

Blue Company, Raleigh, NC

08/19 – 05/22

Collaborated with an expert team consisting of therapists, orthopedic surgeons, and supervisors to provide therapy services in a home health setting. Assisted physically impaired patients with exercises to restore, reinforce, and enhance their performance. Coordinated patient care tasks as determined by the Supervising Physical Therapist to help the patients achieve desired goals, full recovery, and long-term individual functioning. Secured feasibility and continuity of patient care provision at home. Introduced family members and family caretakers to the process of care and recovery to involve all possible resources and instruments for complete patient recovery and maximized satisfaction. Provided education and coaching to patients, as well as other physical therapists about injury prevention, ergonomics, restorative therapy, and rehabilitation therapy. Oversaw and mentored Physical Therapist Assistants in performing care programs and protocols.

- Demonstrated team-centric attitude while collaborating with rehabilitation team members to provide and complete all rehabilitation tasks properly and with high-level of effectiveness and professionalism
- Successfully completed complex therapy sessions to achieve a high recovery rate by utilizing cutting-edge therapy procedures
- Displayed a top-level visual acuity to perceive patient reactions to treatment, as well as patients' needs, desires, and capacity to complete rehabilitation tasks and exercises
- Utilized strong training skills and physiotherapy knowledge to provide gait training on the proper use of assistive devices and increase overall patient safety

Physical Therapist Assistant
Silver Company, Raleigh, NC

07/18 – 09/19

Implemented a care plan established by a licensed Supervising Physical Therapist. Oversaw therapy plans together with senior therapists to design tailored and effective treatments for patients of various ages with musculoskeletal disorders and injuries, physical characteristics, and diagnoses resulting in improved function and mobility. Performed diverse therapeutic modalities, such as electrical stimulation, ultrasound, cryotherapy, and superficial heat therapy to decrease pain in the treatment of patients. Secured the safety of poorly mobile patients by detailed instructions to facilitate transfers with and without assistive devices. Created recovery plans and daily home exercises for outpatient and discharged patients and introduced care programs to family members to improve patient health. Participated in staff meetings with supervising physical therapists to analyze plans of care and current patients' health conditions. Conducted coaching sessions for young therapists and students to establish a strong team and achieve high-quality care and treatment.

- Worked with team-oriented and patient-centric therapists and professionals to secure quality care
- Conducted patient treatments in accordance with the institution's care provision protocols and state rules
- Effectively managed 12-15 patients per day while keeping top-quality services and increasing productivity
- Leveraged administrative skills and documentation systems proficiency to keep detailed patients' records following HIPAA regulations

ADDITIONAL EXPERIENCE

Real Estate Broker
Gray Company, Raleigh, NC

08/22 – Present

MILITARY EXPERIENCE

Military Policeman
United States Marine Corps, Camp Lejeune, NC

11/11 – 11/14

PROFESSIONAL AFFILIATIONS

Sigma Chi Honors Society	2018
Student Physical Therapist Assistant Club, Treasurer	2018
Basic Life Support Certification, American Heart Association	2017

LICENSES/CERTIFICATIONS

Certified Aging-In-Place Specialist (CAPS)
National Association of Home Builders

Senior Home Safety Specialist
Age Safe America, LLC

Real Estate Broker
North Carolina Real Estate Commission

Physical Therapist/Physical Therapist Assistant
North Carolina Board of Physical Therapy Examiners

EDUCATION

Physical Therapist Assistant A.A.S.
Wake Tech Community College

2018